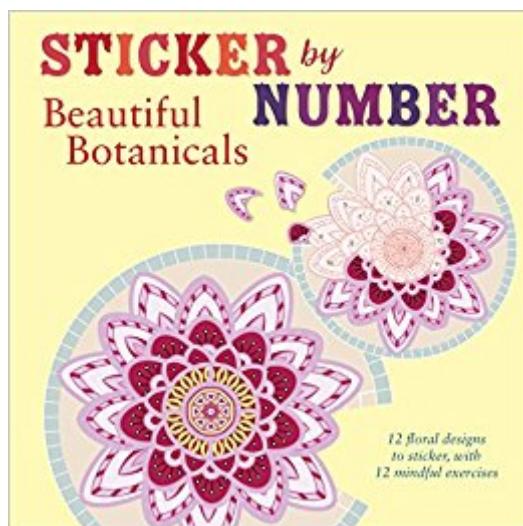


The book was found

Sticker By Number: Beautiful Botanicals: 12 Floral Designs To Sticker, With 12 Mindful Exercises



Synopsis

Sticker by Number: Beautiful Botanicals is a creative and meditative experience. Like an old-fashioned paint by number, the designs in the book can be gradually filled in using the included stickers, transforming the delicate line drawings into ornate, full-color masterpieces. The process is at once artistic and calming—â¢the perfect way to exercise your creativity and create a moment of peace in a busy day. The book features 12 different floral designs—â¢from a brilliant tropical flowers to soft cherry blossoms—â¢all of which are paired with mindful meditation exercises related to the flower. For instance, as you piece together the Lotus design you will be guided to meditate on calmness and focus, while the Sunflower illustration will prompt reflection on happiness and personal growth. With beautiful illustrations and insightful text, Sticker by Number: Beautiful Botanicals will help readers step outside of life—â¢s frantic rush, unlock their creativity, and discover a sense of tranquility.

Book Information

Series: Sticker By Number

Paperback: 64 pages

Publisher: St. Martin's Griffin; Stk edition (November 21, 2017)

Language: English

ISBN-10: 1250164273

ISBN-13: 978-1250164278

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #155,664 in Books (See Top 100 in Books) #151 in Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Flowers & Landscapes #191 in Books > Self-Help > Art Therapy & Relaxation #606 in Books > Self-Help > Creativity

Customer Reviews

SHANE MADDEN is an award-winning illustrator, cover artist, and technical illustrator. He has worked on more than 200 published covers for books, magazine, and games, including the New York Times bestseller White Hot Kiss. He loves taking on challenges and creating innovative artwork that engages people in new ways. Shane lives in Toronto, Canada, with his family.

[Download to continue reading...](#)

Sticker by Number: Beautiful Botanicals: 12 Floral Designs to Sticker, with 12 Mindful Exercises

Memory Exercises: Memory Exercises Unleashed: Top 12 Memory Exercises To Remember Work And Life In 24 Hours With The Definitive Memory Exercises Guide! (memory exercises, memory, brain training) Just Cross Stitch May/June 2009 (15 Exclusive Designs, Two Canadian Lighthouse Designs, Discover Donna Vermillion Giampa's Fabulous Floral Pillows, Elegant Blackwork Designs, Create a Summer Ornament, Vol. 27, No. 3) Tangle-Inspired Botanicals: Exploring the Natural World Through Mindful, Expressive Drawing Ocean Coloring Book For Adults: Unique Floral Tangle Ocean Designs (Floral Tangle Art Therapy) (Volume 3) Number Tracing Book For Preschoolers: Number Tracing Book, Practice For Kids, Ages 3-5, Number Writing Practice JUST CROSS STITCH Magazine July / August 2009 Volume 27 Number 43 (Christmas ornament, Alaskan Lighthouse, Patriotic Designs, Floral Pillows) The Fine Art of Paper Flowers: A Guide to Making Beautiful and Lifelike Botanicals Beautiful Botanicals: 45 Applique Flowers & 14 Quilt Projects Children's Travel - Vacation Sticker Passport with Sticker (Sticker Passports) My Sticker Collection: Blank Sticker Book, 8 x 10, 64 Pages (Ultimate Sticker Book) My French Sticker Dictionary: Everyday Words and Popular Themes in Colorful Sticker Scenes (Sticker Dictionaries) Flower Girls: An Adult Coloring Book with Beautiful Women, Floral Hair Designs, and Inspirational Patterns for Relaxation and Stress Relief Angels: An Adult Coloring Book with Beautiful Christian Women, Relaxing Floral Designs, and Inspirational Religious Themes Victorian Fashion: An Adult Coloring Book with Beautiful Vintage Dresses, Historical Fashion Designs, and Relaxing Floral Patterns Simple Heart and Flower Bouquets: Large Print Pictures and Easy Designs of Floral Bouquets and Hearts Coloring Book for Adults (Beautiful and Simple Adult Coloring Books) (Volume 3) Savor: Mindful Eating, Mindful Life The Five Keys to Mindful Communication: Using Deep Listening and Mindful Speech to Strengthen Relationships, Heal Conflicts, and Accomplish Your Goals Transcendental-meditation: Mindful Meditation, A Beginners Guide To Demystifying Meditation & Being Mindful With Transcendental-meditation Floral Design Quizbook (Pass the Floral Design Test)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)